



# NARAYANA COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

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## Report on Swasth Nari Sashakt Parivar Abhiyaan – 2025

**Organized by:** Department of Community Health Nursing, Narayana College of Nursing

**Dates:** 17.09.2025 – 02.10.2025

**Venue:** Narayana Rural Health Centre

**Participants:** IV Year B.Sc. Nursing Students

### Introduction

Swasth Nari, Sashakt Parivar Abhiyaan is a nationwide health initiative inaugurated by the Hon'ble Prime Minister of India, Shri Narendra Modi. It is focused on improving the health and nutrition of women and children across India. Organized in convergence with Poshan Maah - a month-long movement dedicated to nutrition awareness - the campaign highlights the crucial role of women's health in building stronger families and a healthier nation.

In line with this, Narayana College of Nursing **Swasth Nari, Sashakt Parivar Abhiyaan 2025** from 17.09.2025 to 02.10.2025 with a series of educational, creative, and community-oriented activities.

### The campaign activities are aimed to:

- Improve health outcomes for women, adolescent girls, and children.
- Provide screening for communicable and non-communicable diseases.
- Conduct health counseling and awareness sessions on nutrition and hygiene.
- Strengthen immunization and child health coverage.
- Ensure access to comprehensive health services nationwide.



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## Day-wise Program Highlights

**Date:** 23.09.2025

**Event:** Screening of Women for Non communicable disease

**Participants:** IV B.Sc. Nursing Students

**Time:** 09:00 am – 12:00 pm

**Faculty Coordinators:** Mrs. G Pavithra & Ms. B Nandeswari

- The event was formally inaugurated by the Chief Dr. G Sai Ashok, Medical Office, Narayana Rural Health Centre, TP Gudur, Nellore followed by a welcome address.
- Students prepared to conduct **Screening of Women for Non Communicable Diseases ( Hypertension, Diabetes, Oral Cancer, Breast Cancer, Cervical Cancer** on 23.09.2025. A total of 28 women participated in the program. Medical officer and Nursing Students conducted physical examinations, provided counseling, and advised follow-up actions where necessary. The program aimed to promote preventive healthcare, raise awareness, and ensure timely referrals for at-risk individuals.
- The initiative was well-received and highlighted the importance of regular screening in the early detection and management of NCDs among women.





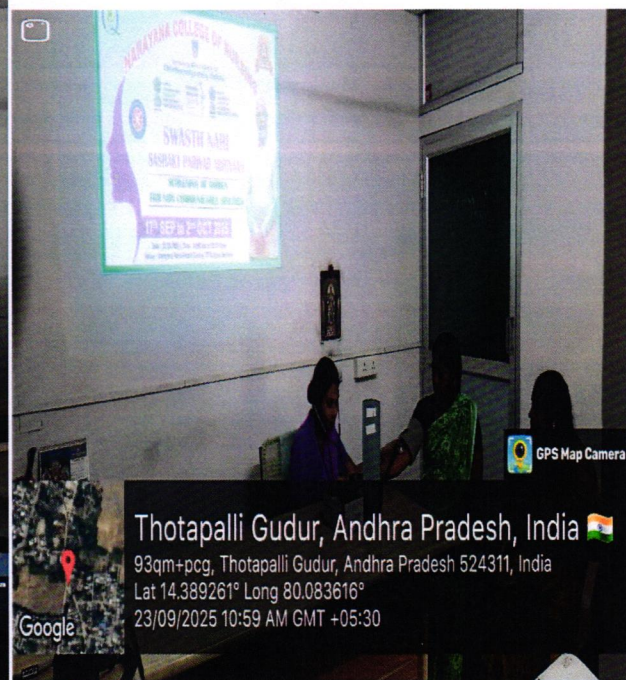
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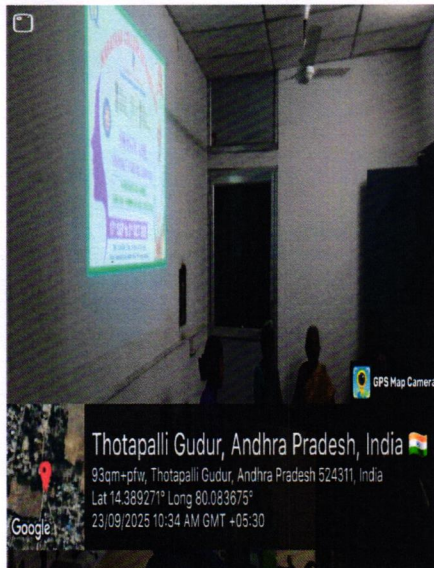
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## Women were participating in Screening Program



## IV B. Sc Nursing Students were checking Post pandial Blood Sugar levels

*Bahini*  
HOD  
Dept of Community Health Nursing  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.



*Bahini*  
Principal  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003



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COHN/25/10

Date: 22-09-25

## DEPARTMENT OF COMMUNITY HEALTH NURSING

### CIRCULAR

This is to inform you that Department of Community Health Nursing is conducting "SWASTH NARI SASHAKT PARIVAR ABHIYAAN" a community based program on "Screening of Women for Non Communicable Diseases ( Hypertension, Diabetes, Oral Cancer, Breast Cancer, Cervical Cancer)" on 23-09-2025 at Narayana Rural Health Centre, T.P. Gudur, Nellore, from 9:00 am to 12:00 Noon. Everyone cooperation is highly solicited to make this program success.

#### Program Details:

**Venue:** Narayana Rural Health Centre, T.P. Gudur, Nellore

**Date:** 23-09-2025

**Time:** 9:00 am to 12:00 Noon.

**Group:** IV B.Sc. (Nursing)

G. Sai Ashok .

ప్రధాన పాఠశాల సుబ్బరామయ్య స్టేషన్.

నారాయణ గ్రామీణ వైద్యశాల

T.P. గూడూరు SPSR



B. Ashwini  
PRINCIPAL  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

#### Copy to

1. IQAC
2. Dept. HODs
3. Notice board





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## PERMISSION LETTER

Date: 22.09.25

**From**

The Principal,  
Narayana College of Nursing,  
Chinthareddypalem,  
Nellore.

**To**

The Medical Officer,  
Narayana Rural Health Centre,  
T.P Gudur, Nellore

**Sub:** Request for Permission to Conduct Screening of Women for Non Communicable Diseases ( Hypertension, Diabetes, Oral Cancer, Breast Cancer, Cervical Cancer) under "SWASTH NARI SASHAKT PARIVAR ABHIYAAN" on 23-09-2025.

**Respected Sir/Madam,**

Greetings from Narayana College of Nursing.

We hereby request your kind permission for IV B.Sc. Nursing students to conduct a community-based screening program for women. The program will focus on screening for Hypertension and Diabetes Mellitus, Oral cancer, Breast Cancer, Cervical cancer aiming to raise health awareness and promote early detection and lifestyle modification among the rural population.

We kindly request your approval and support to successfully conduct this community health initiative. Your support in granting permission for this initiative will be greatly appreciated.

Thanking you in anticipation of your positive response.

Thank you.

*B. Ashok*  
HOD

Dept of Community Health Nursing  
NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003.

*G. Sai Ashok*  
Medical Officer

వైద్య అధికారి సుబ్బరామయ్య స్వామి  
నారాయణ గ్రామీణ వైద్య కేంద్రం  
T.P. గుడూరు, SPSR నల్లూరు జిల్లా



*B. Ashok*  
Principal

NARAYANA COLLEGE OF NURSING  
Chinthareddypalem,  
NELLORE - 524 003

On behalf of The Medical Officer, Narayana Rural Health Centre, T.P Gudur, Nellore, we extend our heartfelt appreciation to Narayana College of Nursing, students, faculty, and Principal for their outstanding efforts in organizing Community based program on **Screening of Women for Non Communicable Diseases ( Hypertension, Diabetes, Oral Cancer, Breast Cancer, Cervical Cancer) under "SWASTH NARI SASHAKT PARIVAR ABHIYAAN"** on 23<sup>rd</sup> September 2025.

Your dedication and commitment towards public health awareness were clearly demonstrated in this well-organized community-based screening program, which focused on early detection, health education, and lifestyle modification among the rural women. The proactive approach of your IV B.Sc. Nursing students and faculty in conducting screenings and raising awareness has greatly contributed to empowering the community and promoting healthier living.

We appreciate the faculty members of the Community Health Nursing department for their guidance and leadership throughout this initiative. We also deeply value the enthusiasm, compassion, and efforts of the students in engaging with the community and delivering impactful health education.

We look forward to continued collaboration in future community health programs for the betterment of public health.

G. Sai Ashok.

పెద్దేయపాఠశాల సుబ్బరామయ్య స్టోర్.  
నారాయణ గ్రామీణ వైద్యశాల  
T.P. గూడూరు SPSR నల్లూరు జిల్లా